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### FETAL ECHOCARDIOGRAPHY

#### Mother's Questionnaire Form Page 1

ast name First name
Pate of birth Your age
low many weeks pregnant are you? Due date (if known)
our due date was determined by:UltrasoundLast menstrual cycleBoth
ertilization Method:NaturalArtificial inseminationIn Vitro FertilizationFollicle stimulation
lumber of times you have been pregnant (including this one):
low many miscarriages have you had (including ectopic pregnancies and abortions)?
low many of children were born alive? Any still birth (baby was born dead or die right after birth)?
low many of children were born full-term? How many of your children were born premature?
Vhat is the name of the physician who referred you to us?
Vhy were you referred to us?
Oo you have diabetes? How long have you had diabetes?
olid you have diabetes before becoming pregnant?
ist other medical problems you have:
ist all medications (Including over-the-conuter medications) that you are aking:
are you taking any prenatal vitamins?YesNo
ist any supplements/herbs you are taking:
oid you, or are you going to have an amniocentesis with this pregnancy?YesNo
Vhen? Results (If known):
0o you smoke?YesNo
0o you drink alcohol?YesNo
o you drink coffee/tea?YesNo

## Mother's Questionnaire Form Page 2

Do you drink caffeinate soft drinks(Cola's)?YesNo
Are there any family members with a heart defect from birth or any children with heart problems?YesNo
If yes, what is the relationship to your baby?
Are there any children in your family who have had open heart surgery?YesNo
If yes, what is the relationship to your baby?
Are there any children in your family who have had open heart surgery?YesNo
If yes, what is the relationship to your baby?
Are there any children in your family with genetic or chromososmal problems?YesNo
If yes, what is the relationship to your baby?
Are there any children in your family who have died of SIDS (Sudden infant death syndrome)?YesNo
If yes, what is the relationship to your baby?
Please list any concerns you may have with this baby or with this pregnancy:
At what hospital do you plan to give birth?
Name of Obstetrician / Perinatologist
Street Address
City Zip Code
Phone Number

## Overview Of Fetal Echocardiography

Fetal echocardiography is an ultrasound test performed during pregnancy to evaluate the heart of the baby. It uses ultrasound equipment similar to the one which was used by your obstetrician for your first ultrasound, except the study provides a detail evaluation of the heart. A small probe called a transducer (similar to a microphone) is placed on the mother's abdomen and ultrasound images of the baby's heart are obtained. Fetal echocardiography assesses the heart's structures and function.

Fetal echocardiography studies are performed by doctors who have special training in heart problems in babies (Pediatric Cardiologists).

Fetal echocardiography can help detect fetal heart abnormalities before birth, allowing for faster medical or surgical intervention once the baby is born. This improves the chance of survival after delivery for babies with serious heart defects.

It is not necessary for all pregnancies to receive a fetal echocardiogram. The prenatal ultrasound tests that are done prior to birth can give information about whether the fetal heart has developed with all four chambers. Most unborn babies do not require any further testing.

Situations in which a fetal echocardiogram may be necessary include, but are not limited to, the following:

- 1. Suspected heart abnormality on a routine ultrasound scan performed by an obstetrician.
- 2. Abnormal fetal heart rhythms
- 3. A sibling or parent born with a heart defect
- 4. The fetus has been diagnosed with other congenital problems: chromosome abnormalities (e.g. Down Syndrome), kidney malformation, bowel abnormality, lung abnormality
- 5. Maternal illness such as Lupus or Diabetes
- 6. Maternal infections such as Toxoplasmosis, Cytomegalic virus (CMV), Coxsackie, Rubella, Mumps virus, Parvovirus
- 7. Exposure to a drug that is associated with an increased risk of heart defects such as: Lithium, Alcohol, Phenytoin, Valproic Acid, Isotretinoin, Carbamazepine, Trimethadione
- 8. Polydramnios (excess amniotic fluid)
- 9. Syndromes that run in families, such as Tuberous Sclerosis, Marfan syndrome, Noonan syndrome, Glycogen Storage Diseases.

Although fetal echocardiograms can detect most cardiac defects, there are subtle cardiac defects that may not be detected. Remember a fetal echo is examining a heart that may be as small as a grape. The images are not as clear as they will be once the baby is born. Any preliminary diagnosis of a heart defect seen before birth must be confirmed by an echo after the baby is born. We will let you know whether your child will need a repeat echocardiogram after birth.